

Envisioning the Future



2020 & BEYOND

Session Takeaways

G1 Meet the Team from Humanitude and Learn About New Innovations in Dementia Care

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- Humanitude is an evidenced based, specific set of techniques and philosophy that honors the personhood of elders and reduces refusal of care.
- The Humanitude approach to bathing offers very detailed, specific techniques about how to approach the person for bathing and how to gently move and work with them to allow them to function at their maximum level.
- The authors of Humanitude are Yves Fineste and Rosette Marescotti.
- The four pillars of Humanitude are gaze, speech, touch and verticality.
- A primary result of Humanitude is a reduction in the refusal of care.
- Humanitude's value comes from care techniques aligned with a care philosophy.
- The sensory capture stages of Humanitude are pre-preliminaries, preliminaries, sensory circle, emotional consolidation, and appointment.
- Some evidence-supported outcomes of Humanitude techniques are a significant reduction in events reported by care partners as unsafe, resistive, or aggressive; a reduced use of neuropsychiatric drugs; and less burn out amount team members.
- Core principles of Humanitude change management include zero forced care, live and die standing up and respect for individuality and privacy.
- After a care partner learns Humanitude techniques he/she typically believes that he/she has the power in his/her own hands, eyes and mouth to directly impact quality care and quality of life.